

# Saint Rose School January Newsletter

700 Manawagonish Road, Saint John, NB E2M 4C3

Principal: Victoria Moseley

Vice-Principal: Shari Carey

#### **New PALS Partner!**

JTR Services, provider of dumpsters, porta potties and storage services located on Fairville Blvd is our new PALS Partner! Thanks Matt Joyce!

#### **December Care Assembly Winners**

Congratulations to SRS students who received recognition for **December's theme of Global Citizenship** are;

Kindergarten - Bentley J, Felix W

Grade 1 - Brycen H, Gwen H

Grade 2 - Riley R, William M

Grade 3 - Layla F

Grade 4 – Alexcia H, Keegan Davey

Grade 5 - Charlize M, Liam Y

## Santa's Workshop

Thank you to all families who sent in supplies for Santa's Workshop. We raised. *\$238.15* for the Saint John SPCA. Your generosity and involvement is greatly appreciated. As always, the students enjoyed their shopping experience.

#### **November Care Assembly Winners**

Congratulations to SRS students who received recognition for **November's theme of Responsibility** are;

Kindergarten – Bobby M, Rylee B-W

Grade 1 – Aubrey F, Greyson K

Grade 2 – Gregor W, Rylan W

Grade 3 – Nathan P

Grade 4 – Brouke C, Nathan F

Grade 5 - Layla A, Ethan M

## **Christmas Donation "Thank You!"**

We would like to thank our PALS and Debbie Fisher who provided Christmas baskets to SRS families. Company and family contributions were kindly donated by; J. D. Irving, Andrea Kane and family in memory of Aiden, Mathew Joyce of JTR Services (our newest PALS partner), Port Saint John, Irving Forest Services, and HRSS.

# **Hygiene and Wellness**

With the intentional focus of students engaging in more physical activity, we have noted a need for students to be aware of personal hygiene implication in grade 3, grade, 4, and grade 5. Sending children to school with wipes and/or deodorant for after Physical Education class is encouraged. There are social implications for poor hygiene to which we do not want to expose students.

With wet clothing also comes musty smelling snow pants, hats, and mittens. Freshening the items in a dryer periodically to thoroughly dry them will help to reduce musty odors.

## **Family Fitness Challenge**

Our messages to students on an ongoing basis are to spend time with people who make us feel good, focus on positive things, and encourage people to be responsible risk takers, get plenty of sleep with regularly bedtimes and bedtime routines, and learn to enjoy humor. These foci and skills help students in being both mentally and physically fit.

February is a fitness challenge month. Each day on the wellness calendar has a specific item to complete. An adult places a check mark in each completed square. On February 28<sup>th</sup>, all students who have 15 blocks completed send in their calendars for a chance to win a family prize.

Many of the activities on the calendar at in the areas of;

- ✓ Adult involvement in conversations with children
- ✓ Everyone being emotionally present and engaged in the family activities
- ✓ Good nutrition and adequate sleep
- ✓ Creative play and social interactions

#### **Themed Christmas Basket Winners**

The Parent Involvement committee and SRS staff would like to thank all families who contributed to this fund raiser. The winner are;

Sweet Treats & Holiday Delights – Erin McCavour Game Night - Brian Scribner

Sports – Pam Jackson Christmas – Natalia

Family Night – Kristi Neilsen Party – JoAnne Whipple

Cooking & Baking - Darilla Jackson

Cozy & Warm – Elaine Moyer Gift Cards – Bev Blagden

Movie Night – Shirley MacLeod

Arts & Crafts – Mike Banks

Thanks to Hillcrest Baptist Church for their donation of mittens and gloves for each classroom and also for Christmas treat baskets provided for all staff!

January 28th - No classes. Professional Learning Day